

TRAINING COURSE

RESTORATIVE ME

09 – 16 October 2016 Leuven (BE)

Coordinator:

European Forum for Restorative Justice (BELGIUM)

Partners:

Asociación Mundus – Un Mundo A Tus Pies (SPAIN)

Asociatia Culturala Branart (ROMANIA)

Baltijas Reģionālais Fonds (LATVIA)

Scambieuropei (ITALY)

Youth Council Next Generation (Former Yugoslav Republic Of Macedonia - FYROM)

Udruga Za Kreativni Socijalni Rad (CROATIA)





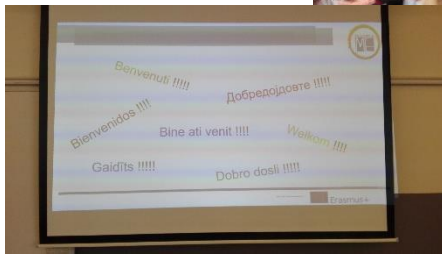
Summary report

Sunday 09 October | **DAY 1**

Main activities

The Restorative ME trainers welcomed the participants to Leuven and to the training course.

In the first sessions, the trainees participated in different *icebreaking* and *team building* activities to foster group interaction and a positive mood of cooperation and creating the Reflection Groups for the entire week.



Monday 10 October | **DAY 2**

Main activities

After the energisers, the trainers briefly presented the main *objectives and goals* of Restorative ME and then the participants were asked to share and agree to what they consider important ground rules for the training.

In the following session, participants expressed their personal *needs and expectations* about Restorative ME.

During the *Electric wire on punishment*, participants moved between the extremes of a rope based on their agreement/ disagreement to statements and related to punishment.

In the afternoon session, trainees were challenged to reflected on their own *personal values*, later compared to the main important *restorative values and principles*.



Summary report

Tuesday 11 October | **DAY 3**

Main activities

The Restorative ME group attended *Prof. Artesen's class* on RJ at the University of Leuven followed by a joint session with different senior researchers of the Institute of Criminology of Leuven, presenting restorative justice in different areas (schools, community building, juveniles & arts).



In the afternoon, participants reflected on their own perspectives and values by reading a neutral story (*Abigail's tale*) and then sharing their opinions and ranking the characters with the others, first in pairs and then within bigger groups.

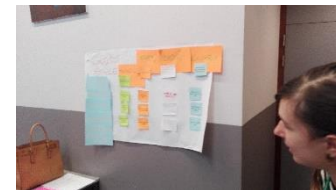
In the next session, trainees had to guess the character written in their forefront by collecting information on why they should be taking part in restorative processes.



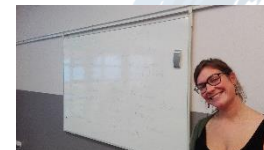
Wednesday 12 October | **DAY 4**

Main activities

On Wednesday morning trainees were challenged to define *Conflict management* and then identify which *style* they normally use, its pro and contra.



Afterwards, Emanuela Biffi presented a *movie on intercultural conflicts and RJ*, followed by a story-telling session on the concepts of "insecurity" and "justice".



In the afternoon, after the exercise on the community/ victims/ offenders circles, the participants of Restorative ME enthusiastically became actors and prepared different plays for the *Forum Theatre*.



Summary report

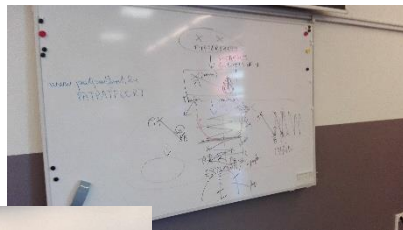
Thursday 13 October | **DAY 5**

Main activities

This day was entirely dedicated to the topic of *Non-Violent Communication* (NVC).

Considering the positive feedback and energy from the Forum theatre, the trainer stimulated participants to prepare short theatre plays to show examples from real life.

The afternoon was dedicated on the analysis of different ways of communication and participants were asked to experience their personal way of expression and assertiveness through different exercises.



Friday 14 October | **DAY 6**

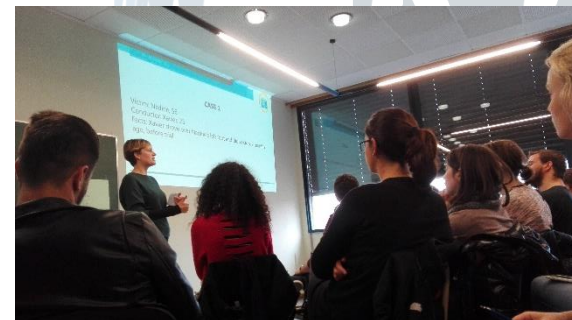
Main activities

This is the day where participants have the opportunity to meeting the real mediators.

In the morning, a mediator presented the formal process of how *juvenile* cases arrive to the mediation services in Leuven, outlining what skills and competences a mediator is likely to have to deal with this cases.



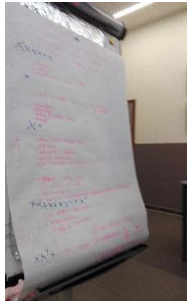
In the afternoon session, trainees had the chance to visit a real mediation service in Leuven, where to experienced mediators welcomed the group showing video and challenging the visitors with role play game based on real cases.



Summary report

Saturday 15 October | **DAY 7**

Main activities



In the morning, participants worked and finalised the *short movie* of Restorative ME selected the evening before during the "movie election". After completing the shooting, they added a soundtrack and worked on the last editing for the final version of "*Restorative M(ovi)E*".

The afternoon session was entirely dedicated to the opportunities offered by the *Erasmus Plus programme*, presenting the *Youth Pass*, working in small groups to develop *project proposals* and discussing possible future co-operation in the youth work field.



Sunday 16 October | **DAY 8**

Main activities

Preparation before departure, goodbyes and some of the most memorable moments of the week.



Restorative ME

Summary report

OTHER ACTIVITIES

INTERCULTURAL NIGHT (11 OCT)

The moment to share not only traditional food with the rest of the group, but also jokes, myths and urban legend about the different countries represented.



NGOs FAIR

The moment where all participants can present their organisation and the work using supporting materials.

